

Episode 2: Ruth Howard

## Episode 2: Ruth Howard 5 Minute History Lesson

Level: high school students, undergraduate college students

Time: 30-45 minutes

Objectives: By the end of this activity students will:

1. have a general understanding of psychologist Ruth Howard and her work
2. understand the historical significance of recording the ~~AMCI~~ch th 02 Tw [(B)-1 (y)2 ( th)2 (e)6 (e)6(n)2 (d



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**DO/APPLY a SKILL** Consider Ruth W. Howard's career outside of traditional academic psychology. Why do you think her career followed this trajectory?

**FEEL/UNDERSTAND** Ruth Howard was one of the first Black women to receive a Ph.D. in psychology. Do you think her work and her focus on cultural diversity reflect her own experience within a predominantly white male psychology?

### The Ruth W. Howard 5MHL Scavenger Hunt

1: What inspired Ruth W. Howard to go into social work and psychology?

*Answer: Her father was a minister at Zion Baptist Church, and she was exposed to social work within the ministry and different types of people, both of which interested her.*

2. What did Ruth Howard consider a “major barrier” to understanding the feelings, attitudes, and behaviors of the children she worked with at her job at the Cleveland Child Welfare Agency?

*Answer: The lack of concern of school representatives, medical staff, staff at medical clinics for the children they served and their lack of understanding and empathy for cultural groups other than their own.*

3. Describe Ruth Howard's doctoral research project.

*Answer: Developmental research with 229 sets of triplets aged infant-79 from various ethnic groups.*

4. What was the name of Ruth Howard and Albert Beckham's private psychological practice and where was it located?

*A. Center for Psychological Service in Chicago, IL*



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